The children who know-it-all

We grew up learning from Michel de Montaigne that it was better to have a "head well built than a head too full". I am not too sure if I translated well the ideas of this philosopher as well as he wanted to express it but I am seeing everywhere those kids who knows-it-all. They fantasize on their high IQ, they take words here and there and they make a conclusion for themselves. Should it be the way our children behave in the years to come? The worse, the same one are delinquent and have an ill directed life or fail to succeed in school. They often failed in what they tried to perform or never finished on time any task requested by their teachers.

You have to look deeply in your own family to see if your children have always insisted in being right while everyone else is wrong? Often they will assert their opinions by drowning out everyone else around them regardless whether or no they know what they are talking about.

This overbearing behavior becomes annoying and frustrating for the parents and friends involved in the conversation. How dare kids of my generation would behave in such a way. Time has changed and a new generation of kids that we are calling “pain in the neck” are emerging and dictating their way with the only experience of what they learn from their computer or their cell phone. They believe that attitude brings power to them.

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I recently returned from Brazil on a Friday morning, landed in New-York city and met a pleasant youngster, 19 year-olds, supposedly in college but not too interested in going to his courses and flanking most of his classes. Driving us back to New-Jersey, he proudly was talking about what he just learned about religion; subject he has never been interested in. In facts, he has always demonstrated to his mother a categorical refusal to follow the doctrine of the catholic church and was told once by his late dad, while growing, that God did not exist and it was foolish to believe in the contrary. This young teenager is now becoming a preacher in selective parts of Theology, expressing his expert opinion on part of the old testament. I may only guess that all this recent knowledge may have been dictated by some of his new Jewish friends in college. After all this refusal to learn about the catholic doctrine, he is asserting himself with the discovery of Abraham and his sons Isaac and Ishmael. He is preaching to us, his new discovered revelation that he recently comprehended and explaining to us the gospel of the bible like important lessons of life. We may have failed his class if he were our teacher because as Christians, we follow more the new testament although we have as well learned from the old.

Soon, the discussion turned on Politics: Republicans and Democrats, and his expert opinions were presented on each of the many democratic candidates. Each were given a score with chances for a win or a loss at the next election scheduled in 2 years. He knew it all. A twist of the conversation to appreciate and compare the beauty of the last two first ladies or the ugliness of their actions, the poor choice of their husbands as president. More also on the teaching for tolerance on homosexuals. In fact, this was a complete course in which our “expert” dictated his clear views on Tolerance, Theology, Politics and Moral. He tried also Healthcare but did not adventure much in it because I have the impression that he needed to be a little more prepared before presenting his assertions. He definitely was not sufficiently comfortable in the topic nor he did completely learn on the subject. I will be patient because, the day will come for him to lecture us again. Although, he mentioned looking for a job in a determined hospital of the area, I suppose he will need a little time to explore Healthcare. We really look forward to learn more from such a teacher on the manners to behave in the new society. I was told finally, that once all the elders of my generation disappear, a new brainy generation will emerge, able to create a new world order with the absolute knowledge they have obtained from the internet.

Our “teacher” took only one hour to expose his “doctrine” and believe me, it was a complete course in all topics addressed. We wish him luck with the same energy to complete the required courses in college, so he would be able to reach the level required for the profession of his choice if he can choose any. For the moment, we would like him to graduate with a University diploma of some kind of academic competence. Finally, he told us about our low IQ not able to match his and to comprehend the world he was envisioning for himself.

We believe that, as most kids grow, there is a need for them to develop ideas and interests and find a way to emotionally express themselves. They manifest generally different developmental periods mainly with separation and Individuation. They will continue to learn how to transform their own opinions. Many may struggle with their child behavior with angry outbursts, disrespect, oppositional defiant disorders and even physical abuses.

Others may be influenced by the inappropriate behavior of a school teacher or a bus driver or their own friends. We need to listen to these kids and help them assert their opinions. There are things you can do as a parent to help curtail an irritating or an obnoxious behavior. You have to listen to them at time with an open mind and try to teach them more appropriate ways of behaving inside and outside of the family.

At time, we may be frightened by some kid’s opinions but we need to rationalize and judge them on their behavior and not on their opinions or ideas. Most often, their ideas are based on peer conversations at school, cultural events, media news, rumors. You may argue but do not keep an argument going. Parents can feel the need to have the last words in a discussion or to be in control
which may only serve the urge of the child to argue more. It is not always easy to contradict one stubborn adolescent.

Youngsters tend to be argumentative and if you keep argumenting, they feel more powerful trying to gain control. In fact, they have the power you have given them. So often, we will need to remind them of the consequences and privileges in the house. A house with no rule for discipline is a house where kids are driven to their own directives. One of the most powerful reaction you may exhibit to the know-it-alls’ kids is to avoid responding when you are being dragged into an argument. Be respectful and disengage when you can. State your opinion honestly and tell them that you have to do something else.

Often, in the middle of a family reunion, such kids will find a way to bring an argument while watching TV or driving a car. It is important to make them understand that everyone’s opinion is valued so they can avoid harassing others with their negativity. Many parents found a non-verbal tool for helping the child in his inappropriate behavior without embarrassing him. They may not let others express themselves. Often, we can say that we are tired of this bickering or we are not listening. Remember as a parent, we do not have to participate into any argument but we can recommend a rule of 60 seconds. They will need to learn how to deal with the opinions of others.

Younger children should be much more respectful of how knowledgeable an adult who have been on earth at least 20, or 30 or 40 years longer than any preschool-age children or adolescent and what in the world could possibly make them question anything you say?

Adolescents can consistently act as if they know more than you do. If you tell them that it will be nice to visit the Botanic Garden, they will answer that will be boring because they have seen enough flowers in their short lifetime. They invent different opinions for each thing. We may know that they will learn a lot while visiting the garden but their mind is set, they may have more interest in checking it up on the internet.

Many children keep bringing challenges in imposing clearly their will. I have seen one complimenting his mother from her beauty one morning just to announce her that he has made plans to go in a shooting session for practice, anyway. He is sending a message to tell that he will go no matter in spite of being forbidden to go. He will assert clearly that he knows more than you, parents, grand-parents, teachers etc. As Michel de Montaigne says it well: “We can be knowledgeable of other men’s knowledge but we cannot be wise with other men’s wisdom”.

They are genius. They learn more about storybooks, television, smart cell phone, but when asked about events in storybooks, they simply believe that they will never happen to them because they do not look real. More, even if they have never seen it nor heard of it, they will assure you that they have seen or heard about everything in this world. To one youngster, I described the lessons she can learn from the book “The Little Prince”, written by Antoine St Exupery. She answered me “No, thanks, it is a so boring book. Just by looking at it. She missed the opportunity to comprehend what one can call a child’s fable for adults with gentle but strong reminder that the best things in life are still the simplest ones, when real wealth is given to others. I learned so much in reading it.

In returning to the study, one has to conclude that the young children overestimate their knowledge while they become unreceptive to the possibility of any adverse event, any new animal or a new food preference. As they grow older, they will become more capable to understand their lack of knowledge and they will develop a need to look for information from their elders.

We believe that there is hope when a child starts to understand how many hours of sleep is required to function well or what kind of vegetables he/she should eat regularly.

In adolescent development class teaching, one teacher told me how he talks to the students about the “Storm and Stress” theory: The fact that most of them are depressed and under the influence of raging hormones. By the age of 13, they start to hate their parents until they reach puberty.

It may be different to parenting a middle
“schooler” than a youngster. Adolescents are in a way like toddlers with rapid changes in physical growth. They need a lot of good food but prefer junk food. They sleep late and are deprived of sleep. They become tired and hungry. They exhibit mood swing. Indeed, they need balanced food and a lot of sleep but they prefer playing videogames and cell phone videos.

Middle “schoolers” think that they are lawyers and like to argue. Some will say that they fit facts to their theories instead of theories to facts. They anticipate your arguments and twist them at will. They built arguments just to defy common sense.

During the past two decades, researchers in developmental neuroscience have demonstrated that the kid brain continues to change and grow during the second and third decade of life, especially in the executive functioning area allowing one to integrate multiple demands as emotional impulses or other stimuli. It was proven that emotional decision-making becomes less dominant while the teenagers grow older so much that the US Supreme Court argues that teens are not fully capable in performing terrible crimes so they should not be eligible for any death sentence.

Others, taking the counter side, will ask why a typical 16 years old drive like he does have missing parts on his brain? Many adds or medias seems to believe that they are not acting rationally well. They are bad drivers. In facts, while they get older, they generate hypotheses to test others or to develop their willingness to ignore the logical inconsistencies in their own arguments. They remain relentless.

Nothing is so annoying when a know-it-all doesn’t do the obvious and try to make things right. The problem with know-it-alls is that they don’t know all. They see a simple solution on which they lack a full knowledge of the complexities that make it a simple solution. Smarty pants, wise guy, smart aleck, we all know one at a family together, or in an office, or in a social event. “Knows-it-alls” are everywhere and know everything. It can become unbearable to spend time with these annoying individuals. At time, it might be best to avoid one. Therefore, be prepared to deal with them in showing understanding. Whether it is a personality disorder or a need for excessive admiration or arrogance, these issues have to be addressed. The root of all understanding is Respect. Only when you can appreciate know-it-alls for who they are, you will be able to realize and understand where they are coming from.

I believe that the discipline at home is the key in the emancipation of the youngster while politeness in the argumentative phases of discussion maybe a reflection in the education he/she has received. I wish all may find time in exploring the essays of Michel de Montaigne. So let us conclude with his words:

“Even from the infancy, we frame them to the sports of Love: their instruction, behavior, attire, grace, learning and all their words azimuth always at love, respects only affection. Their nurses and their keepers imprint no other thing in them”. (Michel de Montaigne).

I would like to dedicte this article to all the know-it-all kids of this generation.

Maxime Coles MD

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DISSOCIATION IDENTITY DISORDER (DID) OÙ TROUBLE DE DISSOCIATION IDENTITAIRE.

Les troubles de dissociation identitaire ont toujours représenté un phénomène assez complexe en psychiatrie. Ils rentrent dans le cadre de ces pathologies où l’individu perd momentanément son identité première pour embrasser une ou plusieurs identités secondaires quitté à revenir, en d’autres occasions, à sa vraie personnalité ou personnalité première. Avant le DSM-5 ou Manuel de Statistique et de Diagnostique des maladies psychiatriques, le terme utilisé était le trouble des personnalités multiples où l’individu pouvait changer d’identité et faire apparaître des personnalités diverses au fur et à mesure de ses interactions avec autrui. Ces personnalités sont généralement au nombre de 13 à 15 et peuvent aller jusqu’à une centaine avec entre autres des sexes différents, mâles ou femelles, des intonations variables dans la voix, voire des attitudes et des comportements violents ou adoucissants. Chacune de ces personnalités souvent garde toute son autonomie et fonctionne indépendamment des autres. Et si le taux de cas de dissociation est estimé en général entre 0.4% et 1%, on pense que près de 7% de la population subissent une forme de dissociation ou une autre à tout moment de son existence. Les autres personnalités qui généralement accompagnent l’identité première sont souvent appelées des “Alter”. Chacune de ces personnalités peut apparaître d’une seconde à l’autre, et peut être de durée variable allant de quelques heures à plusieurs jours.

Si les phénomènes de dissociation sont souvent plus fréquents chez les femmes que chez les hommes, il faut excepter la FUGUE DISSOCIATIVE qui est bien plus commune chez les hommes, en particulier chez les militaires qui cherchent à fuir la réalité intolérable des zones de guerre.

Le DIAGNOSTIQUE de cette pathologie est difficile à éclaircir pour la simple raison que les symptômes rencontrés dans les cas de trouble identitaire sont aussi présents dans tous les autres cas psychiatriques généralement discutés, et aussi du fait que le jury est encore indécis en ce qui a trait à la vraie formulation de la pathologie. Ceux qui nient l’existence réelle de la pathologie semblent vouloir l’assimiler à d’autres conditions bien connues dont elle n’en serait qu’une extension.

La littérature parle de Scylla, cette femme à six têtes de la mythologie grecque attachées à un seul corps et ayant des attributions différentes. Adam, ce premier personnage de la bible est aussi une figure mythologique de la religion Hébraïque qui aurait possédé un corps et deux têtes à la naissance et qui se serait ensuite scindé en deux corps distincts dont l’un serait Adam et l’autre Eve. Nous savons aussi que les enfants ont des amis imaginaires avec qui ils jouent et s’entretiennent fréquemment. Ceci devrait faire penser à l’existence de plusieurs personnalités en herbe dont l’une finirait par prendre le dessus.

QUELLE ETS LA MEILLURE EXPLICATION DU PHENOMENE DE DISSOCIATION IDENTITAIRE ET QUEELES EN SONT LES CAUSES ?

La personne atteinte de troubles de dissociation identitaire généralement tombe dans l’une des catégories ci-après. Ou bien elle subit une sorte de DEPERSONALISATION pendant laquelle elle rentre en transe et ne se reconnaît plus comme étant elle-même. Elle fuit la réalité par une sorte de tangente imaginaire pour se retrouver ailleurs. Elle fait ce qu’on appelle en d’autre langage « an out of body expérience » ou une expérience extra-corporelle. L’individu peut aussi éprouver une sorte de DEREALISATION ou il voit le monde qui tourne au tour de lui comme étant à l’envers, complètement différent de celui auquel il est ordinairement accoutumé. L’autre type de dissociation est la FUGUE ou l’individu voyage sans arrêt et pour de très longue distance, loin de son lieu habituel de travail et de son environnement immédiat.

Il y a enfin l’AMNESIE dissociative ou l’individu oublie complètement des éléments clés d’une conversation ou d’un événement qu’il n’aurait pas pu oublier autrement. Quant aux causes de cette entité pathologique, elles
relèvent souvent des traumatismes endurés par la personne à un moment donné de son existence et dont elle a besoin de se défaire. On estime dans 99% des cas qu’un trauma quelconque, qu’il soit physique, émotionnel ou sexuel a quelque chose à voir avec les troubles de dissociation. La littérature rapporte l’histoire de l’enfant enchaîné dans un cabinet ou « closet » par ses parents, et qui pouvait cependant entendre les autres enfants jouer au dehors. La meilleure façon pour elle d’échapper à l’enfer de l’enchaînement était de se dédoubler, de laisser le corps physique dans le cabinet et de se transplanter au dehors, par l’esprit, pour aller rejoindre les autres qui jouaient. Des années plus tard, elle finit par développer le syndrome de trouble de dissociation identitaire. Dans tous les cas où les parents terrorisent les enfants et sont imprévisibles dans leur réaction vis-à-vis d’eux, ces derniers peuvent finir par développer des personnalités subséquentes pour s’adapter à la versatilité de leurs parents. Ceci est particulièrement manifeste dans les cas de parents alcooliques qui défont et refont à leur guise l’ossature familiale et engendrent le chaos au foyer.

AUTRES CAUSES DE DISSOCIATION :
Au nombre des causes de dissociation identitaire mentionnées ci-dessus, s’ajoutent, les substances toxiques qui altèrent la composition chimique et physiologique du cerveau, les maladies psychotiques, la dépression et l’anxiété, l’Obsession et la compulsion, qui sont toutes considérées comme étant des conditions Co-morbidites ayant un certain rapport avec le phénomène de dissociation.

TRAITEMENT DE LA PATHOLOGIE :
Il n’existe pas de traitement pharmacologique à proprement parler pour les troubles de dissociation identitaire. La psychothérapie, particulièrement la psychodynamique est une bonne approche thérapeutique qui permet de rassembler les personnalités conflictuelles pour les intégrer et les faire fonctionner comme un tout, au lieu qu’elles aient à fonctionner de manière séparée. Quand d’autres pathologies Co-morbidites sont aussi décelées, il faudra les traiter avec les médicaments appropriés. Ceci rendra le traitement des troubles de dissociation identitaire encore plus efficace. Le traitement est en général de longue durée et le pronostic très incertain vu le temps qu’il faut pour racoler le tissu psychologique d’un tel individu souvent affecté depuis son jeune âge ou sa plus tendre enfance. Certains films cinématographiques tels « SYBIL » ou « les trois faces d’Eve » apparus dans les années 70s sont hautement recommandés, si l’on veut avoir une idée des troubles de dissociation identitaire ou gens à personnalités multiples.

RONY JEAN-MARY, M.D.
Coral Springs, Florida.
Le 8 AVRIL 2019.

INVITATION.
A LA CELEBRATION JUBILAIRE DE LA PROMOTION DU DR. COICOU

LES MEMBRES ENCORE VIVANTS DE LA PROMOTION, ANSI QUE LES PARENTS ET ALLIES DE CEUX POURTANT DECEDES, SONT TOUS INVITE À CE RAPPEL DES SOUVENIRS QUI ONT JALONE L’EXISTENCE DE LA PROMOTION DES SES PREMIERS MOMENTS A LA FACULTE DE MEDECINE DE L’UIEH.

POUR LE COMITE, VEUILLEZ CONTACTER LES PERSONNES SUIVANTES :
DR. GLADYS DUCHATELIER.
DR. JACQUES SAJOUS.
DR JEAN-MARIE EUSTACHE.
ET LE DOCTEUR KYSS JEAN-MARY.
EMAIL NICOLETKYSS@YAHOO.COM. TELEPHONE : (509)36028263
Distress

Foreboding cold sweats beading forehead,
Running down spine in slow, spiteful motion,
heart-rending.
Hence, heart flitting, racing,
When mired with hope frozen,
Spills lame, cold blood.
Throat closing, inhaled air
As if corrosive-coated, irritates,
Lancinates, even suffocates.
Head spinning like a top revolving at full throttle,
Eyes wide, when witnessing withering scene,
True torment, first met
At age four, coming from St Gérard Church
In Bas peu de Choses,
Listening to deafening and echoing sounds
Of rocks against metallic electric poles,
All over in nearby Carrefour-Feuilles,
Pointed, political, protest gesture against
oppression,
Not only a resounding sound of the knell of
justice,
But a fabled signal of doomsday a-coming,
An act coined doom-beating.

Blood boiling in one’s veins,
Rushing to head like volcano
Ready to erupt, engulf surroundings in either
Ash plume or sulfurous magma,
For tabla rasa, into reset mode,
Vengeance-driven reaction at site
Of injustice, impunity,
A torment faced six decades later
At the visit of Cape Coast in Ghana.
Hell-hole of holding cells underground
For captured African ripe for rife Middle Passage,
A dark, dank, damming, dungeon
From which death was the only option,
Either on the spot, in chains, amid one’s and
others’ waste
Or in the sullied, stinking, steamy, slaver’s hold,
Death of one’s dignity, identity, for sure of
civility
Surviving one’s physical survival of this calvary
By cavalry of cruel, crude, criminals.
Symbolism of this place exacerbated
By coexistence of settlers’ church on top of
holding Gehenna.
Parishioners asking for blessing and bliss
Of business of human cargo
Long ago sanctioned by Friar Las Casas.

La détresse

Les sueurs froides prémonitoires gouttulant le
front,
Descendant l’épine dorsale à un ralenti
malveillant,
Écœurant. Dorénavant, avec l’espoir gelé,
Même un cœur galopant, battant la chamade,
Distribue un sang faible, glacé.
La gorge serrée, l’air inhalé
Comme enduit de corrosif, irrité,
Lancine, même asphyxie.
La tête tournant telle une toupie à pleine vitesse,
Les yeux écarquillés, témoins d’une scène
épouvantable.
Un tourment réel, étrenné à l’âge de quatre ans,
Après la messe à l’église St Gérard
Au Bas peu de Choses,
En écoutant le bruit assourdissant et répercutant
De pierres contre les poteaux électriques métalliques
De tout Carrefour-Feuilles proche,
Un geste de protestation précis, politique, contre
l’oppression,
Un fracassant son de glas de la justice,
Sinon un signal des ténèbres en route
Et même nommé battre la cadence des ténèbres.

Le sang bouillant dans les veines,
Se ruant vers la tête
Comme un volcan prêt pour l’éruption,
Pour engloutir l’alentour dans un panache de cendres
Ou avec un magma sulfureux
Pour faire table rase, un nouveau début,
Une réaction de vengeance à un site
D’impunité et d’injustice,
Un autre tourment souffert soixante ans plus tard
En visitant Cape Coast du Ghana,
Un trou d’enfer de cellules de détention en sous-sol,
Une oubliette saturée d’obscurité, d’humidité,
d’austérité
Pour l’Africain pris et prêt pour la traversée de l’Atlantique,
Avec la mort comme la seule issue,
Sur le champ, enchainé, parmi ses propres déchets ou les siens
Ou dans la cale d’un souillé, puant, chaud, négrier,
Ou une mort lente de sa dignité, son identité,
surtout de la civilité,
Survivant sa survie de ce calvaire physique
Par une cavalcade de scélérats, cruels et criminels.
Le symbolisme de ce site est prononcé
Par la coexistence d’une chapelle de colons
Au-dessus de cette cellule de géhenne.
Les fidèles demandant la bénédiction et la béatitude
Pour et dans un négoce de cargo humain
Approuvé déjà longtemps par le moine Las Casas.

Amwe
Sue bosal k ap farinen sou fwon
K ap suinte desann nan do tankou koken,
Sa boule. Se konsa kè an pàn lespwa,
Ke l sote ou pompe fò
Bay yon san glase, mòl.
Gòj sere, lè ki respire, ki kòm gate,
Li irite, fè w esoufle e menm toufe w.
Tôt k ap vire vit kou toupì k ap tounen a tout boulin,
Je kale, lè yo wè yon sitiyason malouk,
Sa se touman, ki te batize m a kat an
Apre lamès legliz Sen Jera
Nan Bas peu de Choses
Nan tande vakam bri ki kònen zòrey,
Wòch ki t ap frape sou poto elektrik
Nan tout Carrefour-Feuilles, tou pre
Yon jest politik dirèk, de rebelyon kont opresyon,
Pou anone antèman lajistis,
Ousnon yon rël kont tenèb ki sou wout.
Yo rele sa bat tenèb.

San nan venn k ap bouyi
K ap kouri nan têt
Kou vòlk ki pare pou eklate
Pou aneyanti alantou nan yon gouf pousyè sann
Ou byen avèk malonèt inferyè kou magma
Pou rebat kat la, rekòmanse a zewo,
Nan yon espri vanjans lè ou nan yon zònn
Injistis ki pa jann korije,
Yon lòt touman m rankontre 60 an apre
Lè m al visite Cape Coast nan peyi Ghana,
Yon twou lanfè avèk pyès prizon anba tè
Yon kacho tou nwa, santi mwasi, an mal makak
Pou Afriken yo pran, pare pou al travèse Osean Atlantik,
Avèk lannò kòm konsekans,
Oubyen la menm, nan chenn, nan mitan dechè l ou pa lòt moun,
Oubyen nan kal sal, santi kou charony, cho, de yon negrye,
Oubyen yon lannò lan de dinyite, idantite, sitou civilite
K ap retè menm si ou ret vivan apre kalvè phisik sa,
Pa yon kolòn de malandren, kriminèl, asasen.
Senbòl sit sa a se sitou prezans yon legliz
Pou kolon yo sou têt twou jehènna a.
Fidèl yo t ap mande benedisyon e sikès ak kè poze
Nan biznis kago esklav,
Paske mwàn Las Casas te ouvri baryè a.
President Message: Make the AMHE relevant

It will be soon 47 year since AMHE has been in existence. We, Haitian healthcare professionals, should be proud to have such an organization with so much potential. We should all use the venue of AMHE to make an impact in the healthcare system in Haiti, the main vision of the founding members. Individually, we make a difference in people’s life every day. Some of us go on medical missions, support different projects in Haiti. Those great initiatives are commendable and should be encouraged. However, focusing on projects that can have a long term effect in the healthcare system in Haiti will give us a greater return on our investment. That is why I asking you to support the Family Medicine training program at Hôpital Justinien, Cap-Haitien, Haiti.

Two active and dedicated AMHE members, Dr. Michel Dodard and André Vulcain from the University of Miami have used their position in the US to help improve the healthcare system in Haiti by supporting a residency training program in Family Practice in Haiti. So far, they have trained 60 family physicians who have been practicing in different provinces of Haiti. Unfortunately, the program has been losing the support of its main donors and is at risk of closure unless there is some infusion of new funds. This is one thing that AMHE as an organization cannot allow to happen.

This crisis in the Family Residency program in Haiti gives us members of the AMHE the opportunity to show how powerful we can be when we pull our resources together for a noble cause. To that end, I urge you (who is reading this page) to donate immediately the value of one day income to the AMHE Foundation. If every reader were to participate in this fund drive, we will have enough fund to support several healthcare projects in Haiti and make AMHE more powerful and relevant.

J. Roosevelt Clerisme, M.D.
President
HEARTFELT CONDOLENCES TO DR. ANDRE RIGAUD AND MARIE CLAUDE RIGAUD.


QUE LA TERRE LUI SOIT LEGERE!!!

RONY JEAN-MARY
FLORIDA -CHAPTER -PRESIDENT

I met Jacqueline Charles of the Miami Herald yesterday and I told her that I will read her articles about Haiti healthcare problems. She published in a newspaper that I rarely read but her articles may be of interest for many who read so little about the country of Haiti. Live with her a visit at Mirebalais, Hinche. MC

Published on the AMHE Facebook page last two weeks
Articles parus sur la page Facebook de l'AMHE durant la dernière semaine
The AMHE was present at the Samba Drome - A little on Lupus. MC - Guide to Hernias - Bravo to our AMHE kids, already in the Florida Youth Orchestra. - AMHE Founding Members - Our friends Verlaine et Emmanuel Bruno MD - Visual Guide to Non-Hodgkin's Lymphoma - Our champion, in fashion. MC - A proximal tibia fracture on the right at east. MC

And more…
Dear AMHE members, family, and friends;

Contribute to the AMHE Sickle cell Clinic in Leogane NOW at Gofundme.

AMHE is seeking to raise $200,000.00 to Build the Clinic. We are waiting for your contribution.

1) We have created a Gofundme; your generous tax-deductible donations, earmarked for the clinic, will be sent to the AMHE Foundation and a receipt mailed to you.
2) Forward this message to your friends and family, promote it on your Facebook, Twitter, Instagram and any social media you use.
3) You can also send your contribution by check made payable to the AMHE Foundation and mailed to:
   AMHE, Incorporated
   1166 Eastern Parkway, 2nd Floor
   Brooklyn, NY 11213
4) Ask friends and family to donate by sending them the link above
5) Add a link to this project on your Facebook page

Sincerely,

Maxime Coles
Maxime Coles M.D., F.I.C.S., F.R.C.S., F.A.A.N.O.S.
Orthopedic Surgeon and Traumatologist
AMHE Central Executive Committee Past President
AMHE Board Of Trustees

More informations
Upcoming Events

Association Medecine Haïtienne A L'étranger invites all Haitian physicians, nurses and healthcare professionals to its
Spring Physicians' Dinner Conference
Saturday, April 27, 2019 at 7:00 PM
“Physicians Burnout” 
DR. LOUIS BELZIE
“Suicide Prevention” 
DR. DANIELA BELZIE
The Westwood
438 North Ave
Garwood, NJ 07027
Dinner
Q&A
Networking
Business casual
Admission Free
Seating is limited
Reserve by email
amhenj@gmail.com
or by calling the AMHE-NJ desk
973.865.1317
Important: No seating is guaranteed without RSV

Next Events:
Annual Gala & Award Ceremony, Saturday, June 8, 2019
Fall Physicians’ Dinner Conference, Saturday, October 26, 2019
Happy New Year Celebration, Saturday, January 25, 2020

2019 AMHE Convention
The rates below are for a 9 Days/8 Nights package (3-night stay in Havana, 5-night stay in Varadero). Rates are based on Double, Single, or Triple occupancy. Occupancy rates are for 2 Adults and one or two children (3-11 years old). Children 12 and older pay adult prices. This package is available only for 9 Days/8 Nights.
9 Days/8 Nights Package (July 20 to 28, 2019)

- $1799 per person double occupancy (2 adults per room), Early bird pays $1439 double - 50% non-refundable deposit required before February 1, 2019 (AMHE members and non-members)
- $2199 per person single occupancy (1 adult per room), Early bird pays $1759 single - 50% non-refundable deposit required before February 1, 2019 (AMHE members and non-members)
- $899 per child (ages 3 to 11) sharing a room with an adult, Early bird pays $719 per child - 50% non-refundable deposit required before February 1, 2019

The above package includes: All meals, Beverages (Varadero Only), Entertainment, Excursions, Roundtrip transportation from and to Airport and from hotel to hotel, Internet Access, Two private parties (President, Gala nights) along with all Taxes and Gratuities.

Discount on Hotel Booking
- Early-bird price will be extended to everyone until February 1, 2019.
- After February 1, 2019, active AMHE members in good standing (2019 dues paid and up to date) will get 10% discount up to May 1st.
- A non-refundable 50% deposit of the total price (before discount) is due at the time of booking.
- PLEASE NOTE: The 50% deposit is non-refundable.
- The appropriate discount will be applied upon final payment that will be due NO LATER than June 1, 2019. This discount will be forfeited if final payment is not received on that date.

SEE YOU ALL IN CUBA
A ONCE IN A LIFETIME TRIP: NOT TO BE MISSED!