

EXTERNSHIP AUGUST- SEPTEMBER 2014

BROOKLYN HOSPITAL



By: Mitsy Ulysse

Third Year Pediatric Resident

General Hospital of Haiti

First and for most I would like to thank SIMACT for their work especially in the Haitian community; because of you I was able to participate in this wonderful program. I also want to thank you for this project which helps improve overall healthcare that is provided in Haiti. I want to thank the AMHE, Dr.Patrick Leblanc, and Dr.Paul Nacier, for their devotion and support in making this internship a positive experience for me. I want to thank the director of Brooklyn Hospital for opening their door, the pediatrics department, and the pediatric department at General Hospital in Haiti.

I am Misty Ulysse and I am a third year pediatric resident at General Hospital in Haiti. I chose pediatrics because I love children. I wanted to contribute and feel like I'm playing a part in providing quality care to children. This internship was a great opportunity for me. I was able to participate in this two month internship August, and September 2014. I was able to learn from different branches of pediatrics. I spent three weeks in NICU, one week in PICU, two weeks in cardiology, one week hematology & oncology, and one week in ER. This was a great learning experience.

During this program, I was able to grasp a better understanding of things that I had already learned. It also gave me the opportunity to experience things that I was not able to in Haiti. For example, I was able to use surfactant on a premature infant of 27 weeks with respiratory distress syndrome. A product like surfactant is very expensive, so it is not available in Haiti. There were also other interesting cases in dealing with infants. I got a chance to learn how to use certain products and machinery that I was not familiar with; for example a ventilator. I found the rounds to be very informative; being that the attending doctor, residents, nurses, and interns are all present during the rounds, you are able to see how it all comes together. Working with each other allows us to provide better care to the infants. Something I noticed was daily

morning reports, and daily conferences held by the doctors. I believe the rounds, morning reports, and conferences are key in enhancing the knowledge of the residents, and I was able gain from all that.

There were a number of conferences that I took part in:

- GBS Infections
- Diabetes
- EKG
- Fluids and electrolyte management
- Potpourri of Liver
- Surfactant Protocol
- Neonatal Resuscitation
- Motor Development
- Retinopathy of Prematurity
- Sexually Transmitted Infections

I also presented on three subjects:

- Hypoglycemia
- Congenital Heart Disease
- Systemic Inflammatory Response Syndrome

I also got a chance to do lab simulations: infant resuscitation and a central line.

Suggestions:

I would like that this program be offered to all the senior residents at my Hospital back home. The internship only allows two residents yearly. If the hospital had this program on a rotation, they would be able to fit more residents in the program. Also, I think it would be great if doctors from both countries shared information about rare cases whether it is through email or video conference. It would be profitable not only to us but to our patients.

I was really satisfied with the past two months. This gave me the opportunity to test my own knowledge, limits, and potential. I was also able to compare healthcare and medicine between a developed country and a third world country. With what I have seen and learned it makes me desire to ameliorate the care and raise the standard of health in my own country. Everything I have observed learned, and participated, I hope to put it to good use in Haiti; and teach my fellow residents in our pediatric department. Hopefully, this improves overall health in my country.