



THE RESIDENT REPORT

EXTERNSHIP AT THE BROOKLYN HOSPITAL CENTER

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Table of Contents

1- Introduction

2- Objectives

3- Description of the rotation

a- Conferences Presented

b- Resident and medical student presentations

c- Lectures and Readings

d- Procedure training on mannequin

e- Presentation from other specialties

f- Procedure Assisted

4- Social Activities

5- Conclusion

Introduction

My name is Rama R. JOUBERT. I am PGY-3 and the Resident-Assistant Chief of Internal Medicine at the University Hospital of Peace. I was selected to participate in the rotation offered by the AMHE to Haitian residents. To better carry out what I was going to New York for, I set myself the objectives that you can read on the following lines.

My Objectives

The goals that I had fixed myself are the following:

- Enhance my knowledge by using the tools I was giving and finally being able to confirm some diagnostics (lab test I cannot get in my home country per example)
- Improve my medical skills
- Learn more about the latest update in the medical care and see how I can adapt it to Haiti
- Share my new knowledge to my colleagues and medical students

Description of the rotation

My rotation at the Brooklyn Hospital Center was subdivided as follow:

- Internal Medicine and Family Medicine
- Cardiology
- Nephrology
- Gastroenterology
- Emergency Care

Rotation in Medicine

My rotation in Medicine was done under the supervision of Dr Mehu, Dr Cummings and Dr Field. Rounds start from 8h30 AM to 12hPM then in the afternoon we either have lectures, presentations or readings. For each patient, we discuss on the best possible way to assess and treat the disease. It was interesting to see the types of patients were admitted in the medical unit. A typical day ends by 4h PM. This rotation lasted 3 weeks.

Rotation in Cardiology

My rotation in Cardiology was for 1 week. It started from 9 AM to 3PM. It was under the supervision of Dr Trotman. In cardiology I was mostly seeing outpatients as the patients with acute heart failure per example were seen by the hospitalist.

Rotation in Nephrology

The rotation was under the supervision of Dr Shilkolf at the Brooklyn Hospital Center and Dr Jerome at Interfaith. Every day, the attending assigns us a patient and a disease that we have to read on. The point was to do the correlation between our readings and the patient that we will discuss together. In this unit I saw how the nurses proceed to do dialysis. I also learn a lot since in "l'Hopital Universitaire de la Paix" we don't keep the patients who need dialysis. I was happy to see how they were doing in follow up. It was a 3 weeks rotation

Rotation in Gastroenterology

This rotation was done during the weekend: Saturday and Sunday (over 6 weeks) under the supervision of Dr Charles. In the morning I assisted the procedures (endoscopy and colonoscopy) and in the afternoon we were doing clinics. I was working from 7h30 AM to 6 PM.

Rotation in Emergency Care

It was 1 week rotation and I mostly work with the residents. There were 2 main units:

- Medical and Surgical
- Trauma

The schedule was different each day, because of the amount of patients we received.

Conferences Presented

- Alcoholic Cardiomyopathy
- Approach to the patient with elevated Amylase and Lipase
- Acute Renal Tubular Necrosis
- Nutrition and Cirrhosis

Resident and medical student presentations

- Approach to the patient with pneumonia
- Approach to the patient with urinary tract infection
- Non Compaction Cardiomyopathy
- Gastritis

Lectures and Readings:

- Advanced Cardiovascular Life Support
- Approach to the patient with Hyperthyroidism
- Approach to the patient with Hypothyroidism
- Sonography vs Physical Exam
- Pigment Nephropathy
- Contrast Nephropathy
- Hyponatremia
- Hyponatremia
- Hyperparathyroidism
- Nephrotic vs Nephritic Syndrome
- Tumor Lysis Syndrome
- Acute Kidney Injury
- Chronic Kidney Injury
- Acute Pancreatitis
- Chronic Pancreatitis
- Alcoholic Hepatitis
- Pancreatic cancer
- Candida auris
- Cellulitis
- Diabetic neuropathy
- Colon cancer
- Cardiac implantable electronic devices

Presentation from other specialties

- Refeeding Syndrome : Dr Louis (PGY3 in pediatric at Hopital de l'Université d'Etat d'Haiti)
- Respiratory distress in neonates: Dr Louis
- Bronchiolitis: Dr Desca (PGY2 in pediatric at Hopital Universitaire de la Paix)

- Congenital Syphilis : Dr Desca

Procedure training on mannequin

- Central line : Jugular and Femoral on Dr Pierre supervision
- Artificial Ventilation : on Dr Pierre supervision
- Midline

Procedure Assisted

- Endoscopy : 3 performed by Dr Charles
- Colonoscopy: 43 performed by Dr Charles

Social Activities

- Shen Yun performing art
- Circle line
- Diner with Dr Jerome and Dr Louis
- Diner with Dr Dr Jerome and Dr Desca

Conclusion

This rotation was very rewarding. I was lucky to see uncommon cases and discuss them with my peers. I hope that this collaboration between the AMHE and the 3rd cycle of medical studies in Haiti will continue for the strengthening of medical training and for opening up to multiple opportunities.